

# GLUTEN FREE

## MENU



Auberge  
**Cap Martin**  
Motel • Restaurant



### It's very important to specify your allergy or intolerance to your waitress!

Smoked salmon with capers from St-Gabriel smokehouse.....12.50\$  
(served with salad, capers and red onions)

Small      Large

Garden salad with balsamic dressing..... 3.50\$ .....7.95\$  
(Salad, cucumber, red onions, cherry tomatoes, diced green and red peppers and carrots)

Mediterranean grilled chicken with balsamic dressing .....17.25\$  
(Salad, cucumber, artichoke heart, diced green and red peppers, black olives, cherry tomatoes, red onions, carrots, chicken)

Cheese omelet.....11.75\$  
(breakfast: served with fruits, baked beans and gluten free bread or  
for lunch time: served with small garden salad with balsamic dressing and baked potato or rice)

« Au gratin » gardener omelet (peppers, mushrooms, red onions, spinach and tomato) .....15.50\$  
(breakfast: served with fruits, baked beans and gluten free bread or  
for lunch time: served with small garden salad with balsamic dressing and baked potato or rice)

Chicken brochette, baked potato or rice, Jack Daniel's sauce.....21.00\$  
(with small garden salad and balsamic dressing)

Tenderloin brochette, baked potato or rice, Jack Daniel's sauce .....23.00\$  
(with small garden salad and balsamic dressing)

Sirloin steak 8oz, baked potato or rice, Jack Daniel's sauce .....19.00\$  
(without spices on the sirloin and served with small garden salad with balsamic dressing)

Salmon filet 6 oz served with sundried tomatoes creamy sauce ..... 25.00\$  
(baked potato or rice and served with a small garden salad, balsamic dressing)

Filet of sole « amandine », baked potato or rice .....20.00\$  
(cooked without flour and served with a small garden salad and balsamic dressing, hot lemon butter)

## Desserts

Fruit salad (without cookie).....5\$  
Vanilla ice cream (without cookie)..... 2.25\$  
Creme brulee (without almond tuile).....8.00\$